



Making Strides 5k

Pine Hill, NJ

Saturday, April 30, 2011

RESULTS

[Overall](#) [Winners](#) [Age Groups](#)

Timing By: L&M SPORTS www.lmsports.com

M A K I N G S T R I D E S 5 k
 Pine Hill, NJ ** Saturday, April 30, 2011
 ORDER OF FINISH

LMSPORTS.com

| o'all place | # | NAME | City/ST | age s | TIME | pace | age grp age | age group | sex # plc by | sex |
|----------------|----|------------------------|-----------------|-------|-------|------|-----------------|--------------|-----------------|-----|
| 1 | 12 | COLIN FELIX | AUDUBON NJ | 12 M | 20:45 | 6:39 | MALE | WINNER | 1/33 | M |
| 2 | 54 | MICHAEL GREEN | COLLINGSWOOD NJ | 46 M | 21:00 | 6:44 | 1/8 | M4049 | 2/33 | M |
| 3 | 62 | JOSH COATES | PINE HILL NJ | 25 M | 22:33 | 7:14 | 1/14 | M2029 | 3/33 | M |
| 4 | 50 | JOE GRESH | WATERFORD NJ | 45 M | 22:43 | 7:17 | 2/8 | M4049 | 4/33 | M |
| 5 | 40 | KRISTA VENTURINI | CHERRY HILL NJ | 42 F | 22:51 | 7:20 | FEMALE | WINNER | 1/35 | F |
| 6 | 73 | ROY HILL | ERIAL NJ | 54 M | 23:42 | 7:36 | 1/2 | M5059 | 5/33 | M |
| 7 | 4 | DAN BUNIAK | MAGNOLIA NJ | 27 M | 23:56 | 7:40 | 2/14 | M2029 | 6/33 | M |
| 8 | 53 | BOB STANLEY | SICKLERVILLE NJ | 52 M | 23:57 | 7:41 | 2/2 | M5059 | 7/33 | M |
| 9 | 64 | KEVIN DICKERSON | BERLIN NJ | 23 M | 24:06 | 7:44 | 3/14 | M2029 | 8/33 | M |
| 10 | 56 | DARYLL SLIMMER | PINE HILL NJ | 34 M | 24:27 | 7:51 | 1/2 | M3039 | 9/33 | M |
| 11 | 16 | CHARLES KELLER | WENONAH NJ | 20 M | 24:41 | 7:55 | 4/14 | M2029 | 10/33 | M |
| 12 | 71 | JEN GAYNOR | FRANKLINVILL NJ | 23 F | 24:43 | 7:56 | 1/10 | F2029 | 2/35 | F |
| 13 | 44 | MARK ZIRPOLI | WEST BERLIN NJ | 46 M | 24:59 | 8:01 | 3/8 | M4049 | 11/33 | M |
| 14 | 36 | DAN SCHUSTER | BARRINGTON NJ | 36 M | 25:00 | 8:01 | 2/2 | M3039 | 12/33 | M |
| 15 | 46 | TIMOTHY JARDINICO | MT LAUREL NJ | 27 M | 25:02 | 8:02 | 5/14 | M2029 | 13/33 | M |
| 16 | 22 | ZACH MARRERO | SEWELL NJ | 11 M | 25:03 | 8:02 | 1/2 | M0012 | 14/33 | M |
| 17 | 55 | CATHERINE EVERHAM | PINE HILL NJ | 32 F | 25:43 | 8:15 | 1/9 | F3039 | 3/35 | F |
| 18 | 8 | NICOLE DORAN-PANGBORNE | ATCO NJ | 28 F | 26:08 | 8:23 | 2/10 | F2029 | 4/35 | F |
| 19 | 76 | PHIL KRACHUN | MARLTON NJ | 62 M | 26:26 | 8:29 | 1/2 | M6099 | 15/33 | M |
| 20 | 29 | MIKE PFEIFFER | MULLICA HILL NJ | 49 M | 26:34 | 8:31 | 4/8 | M4049 | 16/33 | M |
| 21 | 51 | GARRETT ARNESON | SICKLERVILLE NJ | 48 M | 27:09 | 8:43 | 5/8 | M4049 | 17/33 | M |
| 22 | 60 | ERIC RUNDSTROM | WEST BERLIN NJ | 26 M | 27:11 | 8:43 | 6/14 | M2029 | 18/33 | M |
| 23 | 72 | JOHN DILL | MONROEVILLE NJ | 25 M | 27:13 | 8:44 | 7/14 | M2029 | 19/33 | M |
| 24 | 65 | CHRIS HACKETT | GALLOWAY NJ | 27 M | 27:28 | 8:49 | 8/14 | M2029 | 20/33 | M |
| 25 | 59 | TONY FOREST | LINDENWOLD NJ | 19 M | 27:31 | 8:49 | 1/2 | M1619 | 21/33 | M |
| 26 | 79 | JOSEPH PFEIFFER | ATCO NJ | 27 M | 27:33 | 8:50 | 9/14 | M2029 | 22/33 | M |
| 27 | 43 | LIZ WILLIAMS | BERLIN TWP NJ | 43 F | 27:43 | 8:53 | 1/7 | F4049 | 5/35 | F |
| 28 | 6 | VINCE CLERICO | MAPLE SHADE NJ | 26 M | 27:48 | 8:55 | 10/14 | M2029 | 23/33 | M |
| 29 | 13 | FRED HAINES | CLEMENTON NJ | 26 M | 27:56 | 8:57 | 11/14 | M2029 | 24/33 | M |
| 30 | 69 | EMILY TOLMAN | EGG HARBOR T NJ | 26 F | 27:58 | 8:58 | 3/10 | F2029 | 6/35 | F |

| | | | | | | | | | | | |
|----|----|-------------------|-----------------|----|---|-------|-------|-------|-------|-------|---|
| 31 | 41 | BONNIE WEAVER | CLEMENTON NJ | 50 | F | 28:09 | 9:02 | 1/2 | F5059 | 7/35 | F |
| 32 | 42 | EMILY WEAVER | CLEMENTON NJ | 22 | F | 28:09 | 9:02 | 4/10 | F2029 | 8/35 | F |
| 33 | 77 | DAVID DILKS | BLACKWOOD NJ | 47 | M | 28:36 | 9:10 | 6/8 | M4049 | 25/33 | M |
| 34 | 78 | MATT BUCHOFER | ERIAL NJ | 21 | M | 28:36 | 9:10 | 12/14 | M2029 | 26/33 | M |
| 35 | 26 | ANDY MONTALTO | BERLIN NJ | 41 | M | 29:06 | 9:20 | 7/8 | M4049 | 27/33 | M |
| 36 | 31 | MELISSA RAFFAELE | BROOKLAWN NJ | 31 | F | 30:22 | 9:44 | 2/9 | F3039 | 9/35 | F |
| 37 | 47 | DOMINIQUE DIVECE | PINE HILL NJ | 23 | F | 30:30 | 9:47 | 5/10 | F2029 | 10/35 | F |
| 38 | 67 | GWEN ULATOWSKI | BERLIN NJ | 46 | F | 30:38 | 9:49 | 2/7 | F4049 | 11/35 | F |
| 39 | 27 | JARED MONTALTO | BERLIN NJ | 11 | M | 30:48 | 9:53 | 2/2 | M0012 | 28/33 | M |
| 40 | 5 | LINDSAY BURROWS | CLEMENTON NJ | 28 | F | 30:48 | 9:53 | 6/10 | F2029 | 12/35 | F |
| 41 | 75 | BRITTANY VESPER | ERIAL NJ | 19 | F | 30:51 | 9:54 | 1/3 | F1619 | 13/35 | F |
| 42 | 61 | REBEKAH KELLER | CLEMENTON NJ | 21 | F | 31:59 | 10:15 | 7/10 | F2029 | 14/35 | F |
| 43 | 70 | PETE GREENFIELD | SICKLERVILLE NJ | 25 | M | 32:33 | 10:26 | 13/14 | M2029 | 29/33 | M |
| 44 | 33 | RYAN RUPP | STRATFORD NJ | 24 | M | 32:49 | 10:32 | 14/14 | M2029 | 30/33 | M |
| 45 | 32 | KATIE ROSENBERGER | MAPLE SHADE NJ | 30 | F | 32:55 | 10:33 | 3/9 | F3039 | 15/35 | F |
| 46 | 1 | LAURA ADAMS | PINE HILL NJ | 22 | F | 32:56 | 10:34 | 8/10 | F2029 | 16/35 | F |
| 47 | 37 | MARGARET SIMON | OAKLYN NJ | 33 | F | 33:19 | 10:41 | 4/9 | F3039 | 17/35 | F |
| 48 | 11 | REBECCA EASTLACK | WEST DEPTFOR NJ | 33 | F | 33:46 | 10:50 | 5/9 | F3039 | 18/35 | F |
| 49 | 57 | WANDA MARTINEZ | BERLIN NJ | 45 | F | 34:16 | 10:59 | 3/7 | F4049 | 19/35 | F |
| 50 | 39 | TOM SMILEY | BERLIN NJ | 76 | M | 35:19 | 11:20 | 2/2 | M6099 | 31/33 | M |

| o'all place | # | NAME | City/ST | age | s | TIME | pace | age #in gr plage plc grp | age group | sex #fin plc by sex | |
|----------------|----|----------------------|-----------------|-----|---|-------|-------|--------------------------------|--------------|------------------------|---|
| 51 | 58 | MARIE MAJURI | PINE HILL NJ | 45 | F | 35:54 | 11:31 | 4/7 | F4049 | 20/35 | F |
| 52 | 30 | DANIELLE PUTERI | SICKLERVILLE NJ | 27 | F | 37:56 | 12:10 | 9/10 | F2029 | 21/35 | F |
| 53 | 63 | EAKA PUTERI | BALTIMORE MD | 23 | F | 38:13 | 12:15 | 10/10 | F2029 | 22/35 | F |
| 54 | 17 | GABRIELLE KELLER | WENONAH NJ | 13 | F | 38:23 | 12:19 | 1/3 | F1315 | 23/35 | F |
| 55 | 45 | KAITLIN KNOWLES | DEPTFORD NJ | 13 | F | 38:23 | 12:19 | 2/3 | F1315 | 24/35 | F |
| 56 | 34 | SCOTT RUPP | PINE HILL NJ | 16 | M | 38:50 | 12:27 | 2/2 | M1619 | 32/33 | M |
| 57 | 48 | TAYLOR COHEN | WEST BERLIN NJ | 14 | F | 38:50 | 12:27 | 3/3 | F1315 | 25/35 | F |
| 58 | 74 | ALEXIS SIATKOWSKI | SICKLERVILLE NJ | 19 | F | 38:52 | 12:28 | 2/3 | F1619 | 26/35 | F |
| 59 | 52 | GABRIELLE SWIFT | PINE HILL NJ | 16 | F | 39:15 | 12:35 | 3/3 | F1619 | 27/35 | F |
| 60 | 23 | GEENA MARSHALL | SOMERDALE NJ | 33 | F | 39:56 | 12:48 | 6/9 | F3039 | 28/35 | F |
| 61 | 28 | CHERYL PETERSON | POTTSTOWN PA | 32 | F | 39:56 | 12:48 | 7/9 | F3039 | 29/35 | F |
| 62 | 66 | SHARON BEAN | PHILADELPHIA PA | 32 | F | 39:57 | 12:49 | 8/9 | F3039 | 30/35 | F |
| 63 | 14 | LAURA HAMMOND | CHERRY HILL NJ | 43 | F | 43:02 | 13:48 | 5/7 | F4049 | 31/35 | F |
| 64 | 2 | SUSAN AMILCARE-LEGOS | SCHWENKSVILL PA | 44 | F | 45:39 | 14:38 | 6/7 | F4049 | 32/35 | F |
| 65 | 21 | CLETUS MADDEN | SICKLERVILLE NJ | 43 | M | 45:39 | 14:38 | 8/8 | M4049 | 33/33 | M |
| 66 | 18 | PAULA KELLER | WENONAH NJ | 43 | F | 49:25 | 15:51 | 7/7 | F4049 | 33/35 | F |
| 67 | 49 | MEGHAN MCCARTHY | WEST BERLIN NJ | 39 | F | 49:25 | 15:51 | 9/9 | F3039 | 34/35 | F |
| 68 | 68 | ELIZABETH BAKER | BERLIN NJ | 53 | F | 50:04 | 16:03 | 2/2 | F5059 | 35/35 | F |

TOP 1 MALE FINISHER 5 K RUN

| Place | No. | First | Last | City | St | Age | Time |
|-------|-----|-------|-------|---------|----|-----|-------|
| 1 | 12 | COLIN | FELIX | AUDUBON | NJ | 12 | 20:45 |

TOP 1 FEMALE FINISHER 5 K RUN

| Place | No. | First | Last | City | St | Age | Time |
|-------|-----|--------|-----------|-------------|----|-----|-------|
| 1 | 40 | KRISTA | VENTURINI | CHERRY HILL | NJ | 42 | 22:51 |

A G E G R O U P W I N N E R S

MALE AGE GROUP: 00 - 12 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|----------------|-----|--------|----|-------|
| 1 | 16 | 22 | ZACH MARRERO | 11 | SEWELL | NJ | 25:03 |
| 2 | 39 | 27 | JARED MONTALTO | 11 | BERLIN | NJ | 30:48 |

FEMALE AGE GROUP: 00 - 12 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|------|-----|------|----|----|
|-------|-------|-----|------|-----|------|----|----|

MALE AGE GROUP: 13 - 15 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|------|-----|------|----|----|
|-------|-------|-----|------|-----|------|----|----|

FEMALE AGE GROUP: 13 - 15 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|------------------|-----|-------------|----|-------|
| 1 | 54 | 17 | GABRIELLE KELLER | 13 | WENONAH | NJ | 38:23 |
| 2 | 55 | 45 | KAITLIN KNOWLES | 13 | DEPTFORD | NJ | 38:23 |
| 3 | 57 | 48 | TAYLOR COHEN | 14 | WEST BERLIN | NJ | 38:50 |

MALE AGE GROUP: 16 - 19 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|-------------|-----|------------|----|-------|
| 1 | 25 | 59 | TONY FOREST | 19 | LINDENWOLD | NJ | 27:31 |
| 2 | 56 | 34 | SCOTT RUPP | 16 | PINE HILL | NJ | 38:50 |

FEMALE AGE GROUP: 16 - 19 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|-------------------|-----|--------------|----|-------|
| 1 | 41 | 75 | BRITTANY VESPER | 19 | ERIAL | NJ | 30:51 |
| 2 | 58 | 74 | ALEXIS SIATKOWSKI | 19 | SICKLERVILLE | NJ | 38:52 |
| 3 | 59 | 52 | GABRIELLE SWIFT | 16 | PINE HILL | NJ | 39:15 |

MALE AGE GROUP: 20 - 29 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|-----------------|-----|-----------|----|-------|
| 1 | 3 | 62 | JOSH COATES | 25 | PINE HILL | NJ | 22:33 |
| 2 | 7 | 4 | DAN BUNIAK | 27 | MAGNOLIA | NJ | 23:56 |
| 3 | 9 | 64 | KEVIN DICKERSON | 23 | BERLIN | NJ | 24:06 |

FEMALE AGE GROUP: 20 - 29 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|-----------------------|-----|--------------|----|-------|
| 1 | 12 | 71 | JEN GAYNOR | 23 | FRANKLINVILL | NJ | 24:43 |
| 2 | 18 | 8 | NICOLE DORAN-PANGBORN | 28 | ATCO | NJ | 26:08 |
| 3 | 30 | 69 | EMILY TOLMAN | 26 | EGG HARBOR T | NJ | 27:58 |

MALE AGE GROUP: 30 - 39 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|----------------|-----|------------|----|-------|
| 1 | 10 | 56 | DARYLL SLIMMER | 34 | PINE HILL | NJ | 24:27 |
| 2 | 14 | 36 | DAN SCHUSTER | 36 | BARRINGTON | NJ | 25:00 |

FEMALE AGE GROUP: 30 - 39 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|------|-----|------|----|----|
|-------|-------|-----|------|-----|------|----|----|

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|-------------------|-----|-------------|----|-------|
| 1 | 17 | 55 | CATHERINE EVERHAM | 32 | PINE HILL | NJ | 25:43 |
| 2 | 36 | 31 | MELISSA RAFFAELE | 31 | BROOKLAWN | NJ | 30:22 |
| 3 | 45 | 32 | KATIE ROSENBERGER | 30 | MAPLE SHADE | NJ | 32:55 |

MALE AGE GROUP: 40 - 49 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|---------------|-----|--------------|----|-------|
| 1 | 2 | 54 | MICHAEL GREEN | 46 | COLLINGSWOOD | NJ | 21:00 |
| 2 | 4 | 50 | JOE GRESH | 45 | WATERFORD | NJ | 22:43 |
| 3 | 13 | 44 | MARK ZIRPOLI | 46 | WEST BERLIN | NJ | 24:59 |

FEMALE AGE GROUP: 40 - 49 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|----------------|-----|------------|----|-------|
| 1 | 27 | 43 | LIZ WILLIAMS | 43 | BERLIN TWP | NJ | 27:43 |
| 2 | 38 | 67 | GWEN ULATOWSKI | 46 | BERLIN | NJ | 30:38 |
| 3 | 49 | 57 | WANDA MARTINEZ | 45 | BERLIN | NJ | 34:16 |

MALE AGE GROUP: 50 - 59 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|-------------|-----|--------------|----|-------|
| 1 | 6 | 73 | ROY HILL | 54 | ERIAL | NJ | 23:42 |
| 2 | 8 | 53 | BOB STANLEY | 52 | SICKLERVILLE | NJ | 23:57 |

FEMALE AGE GROUP: 50 - 59 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|-----------------|-----|-----------|----|-------|
| 1 | 31 | 41 | BONNIE WEAVER | 50 | CLEMENTON | NJ | 28:09 |
| 2 | 68 | 68 | ELIZABETH BAKER | 53 | BERLIN | NJ | 50:04 |

MALE AGE GROUP: 60 - 99 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|--------------|-----|---------|----|-------|
| 1 | 19 | 76 | PHIL KRACHUN | 62 | MARLTON | NJ | 26:26 |
| 2 | 50 | 39 | TOM SMILEY | 76 | BERLIN | NJ | 35:19 |

FEMALE AGE GROUP: 60 - 99 3 (WINNERS)

| Place | O'All | No. | Name | Age | City | St | 5k |
|-------|-------|-----|------|-----|------|----|----|
|-------|-------|-----|------|-----|------|----|----|

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